



Intent

At Saint Wulstan's we believe that a high-quality PE curriculum should inspire all children to participate in a rich and varied curriculum, recognise ways to develop their physical and emotional well-being, while developing values of respect and fairness within PE which are rooted in our Catholic values.

Our teaching will equip children with the knowledge and understanding of behaviour and attitudes essential in PE such as enjoyment, decision-making, resilience, participation, competitiveness, diversity, respect, self-belief, safety, cooperation and teamwork.

As our children progress, they will develop a deeper understanding of their physical and social developments, an improved awareness of a healthy, active lifestyles and leadership skills to support themselves and others in the future. Young leader opportunities provided to our Upper Key Stage Two children, will offer children the chance to lead and develop their thinking and communication skills.

Lessons and extra-curriculum clubs will be supported by coaches from local clubs and can help signpost children to further opportunities outside school. Children can also attend clubs with children from our neighbouring school which builds confidence and develop social skills.

Through purposeful play at breaktimes and lunchtimes, children will also have a greater opportunity to meet the 60 active minutes of physical activity each day.

Implementation

PE at St Wulstan's is taught within a variety of motivating contexts using National Curriculum expectations and a framework created within our school through coordination with members of staff and with support from our sports' partnership.

The PE curriculum will focus on the areas of fine motor, fundamental, multi- skills, gymnastics, dance and athletics in EYFS and Key Stage 1. This is supported by outdoor provision, Dough Disco and Squiggle: While You Wiggle. Extra curriculum clubs also provide children the opportunity to develop their confidence, independence and development of key fundamental skills.

In Key Stage 2, the curriculum will focus on the areas of invasion games, dance, gymnastics, swimming, net wall games, striking and fielding, health and well-being and OAA. In Upper Key Stage Two, children will develop their leadership and communication skills to for form Wellbeing Champions, School Sports Crew and Jumping Jaxx leadership groups. Through these groups children will plan and deliver school activities and initiatives that promote positive wellbeing and a healthy and active lifestyle.

Through our Sports Partnership, staff receive CPD opportunities for members of staff from all key stages, festivals for increased participation and competitions.

Links are also made with local clubs and coaches which provide children with contacts and links to further opportunities outside school or in the community.

Children also receive intra-school and inter-school competitions providing them with experiences of competing against themselves or others in a variety of sports.

Impact

Children enjoy their PE lessons and make progress in both their social and physical skills.

Children speak positively about their experiences in PE lessons or opportunities they receive. They feel included and supported which builds confidence and positivity.

Children show an awareness of the skills and knowledge of sports covered in PE and make links to how this may help them in life.

Children and staff develop a positive relationship through mutual respect and support for each other. They use the School Games Values along with our school values to create a positive environment for them to succeed.

Children enjoy the opportunities they receive in a variety of sporting contexts and feel their voices are heard when suggesting ideas.